



Riverside Public School

District 96

63 Woodside Road

Riverside, Illinois 60546

www.district96.org

Office: (708) 447-5007

Fax: (708) 447-3252

October 1, 2009

Dear Kindergarten Parents,

During school year 2007-2008 District 96 introduced a social-emotional curriculum that supports the Illinois Social Emotional Learning (SEL) Standards. As we continue the program this fall, thirty-minute lessons will be administered by the school social worker within the classroom setting. These lessons will occur once a month for seven months of the school year and will be integrated into the regular classroom curriculum.

Kindergarten topics include getting along with peers, identification and management of emotions, tattling, persisting when things get difficult, and sharing.

Below please find the three social emotional learning goals as presented by the Illinois State Board of Education. For more detailed information, you may visit the website at http://www.isbe.net/ils/social_emotional/standards.htm

- **SEL Goal 1** - Develop self-awareness and self-management skills to achieve school and life success.
- **SEL Goal 2** - Use social-awareness and interpersonal skills to establish and maintain positive relationships.
- **SEL Goal 3** - Demonstrate decision-making skills and responsible behaviors in personal, school, and community contexts.

Attached is a copy of the kindergarten curriculum schedule that will begin in October. If you have any questions or if you would like supplemental activities, please feel free to contact me at any time.

Sincerely,

Carrie Levin, LSW

levinc@district96.org

Ames School Social Worker (708) 447-0759

Hollywood School Social Worker (708) 485-7630



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GRADE LEVEL/SESSION	ACTIVITY	SEL STANDARD
Kindergarten/October	Read <i>We Can Get Along</i>	Recognize feelings and perspectives of others
Kindergarten/November	Tattling vs. Reporting; Read <i>Tattlin' Madeline</i>	Identify problems and conflicts commonly experienced by peers.
Kindergarten/December	Read <i>Sharing: How Kindness Grows</i>	Identify ways to work and play well with others
Kindergarten/January	Read <i>How are you Peeling?</i> (An interactive feelings book)	Recognize, manage and accurately label emotions
Kindergarten/February	Read <i>The Little Engine that Could</i> (Lesson- It is okay if you make a mistake; keep trying when things are difficult)	Demonstrate skills related to achieving personal and academic success
Kindergarten/March	Read Sesame Street's <i>We're Different, We're the Same</i>	Identify one's likes and dislikes, needs and wants, strengths and challenges.
Kindergarten/April	Giving compliments: sit in a circle and give a compliment to the person next to you.	Identify peer strengths



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Dear First Grade Parents,

During school year 2007-2008 District 96 introduced a social-emotional curriculum that supports the Illinois Social Emotional Learning (SEL) Standards. As we continue the program this fall, thirty-minute lessons will be administered by the school social worker within the classroom setting. These lessons will occur once a month for seven months of the school year and will be integrated into the regular classroom curriculum.

First grade topics include tolerance, recognition of individual and group similarities and differences, identification and management of feelings of self and others, and friendship skills.

Below please find the three social emotional learning goals as presented by the Illinois State Board of Education. For more detailed information, you may visit the website at http://www.isbe.net/ils/social_emotional/standards.htm

- **SEL Goal 1** - Develop self-awareness and self-management skills to achieve school and life success.
- **SEL Goal 2** - Use social-awareness and interpersonal skills to establish and maintain positive relationships.
- **SEL Goal 3** - Demonstrate decision-making skills and responsible behaviors in personal, school, and community contexts.

Attached is a copy of the first grade curriculum schedule that will begin in October. If you have any questions or if you would like supplemental activities, please feel free to contact me at any time.

Sincerely,

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GRADE LEVEL/SESSION	ACTIVITY	SEL STANDARD
1 st grade/October	Read <i>The Family Book</i> by Todd Parr. Discussion Topic- My family is special because...	Recognize individual and group similarities and differences.
1 st grade/November	Read <i>Freckleface Strawberry</i> Lesson- I am special because....	Recognize personal qualities.
1 st grade/December	Read <i>Grumpy Bird</i> Discussion- A good friend is someone who...	Recognize personal qualities and external supports
1 st grade/January	Read: <i>I'm Like You, You're Like Me</i> (Game- in a circle, one person says, "I like ____". If you share the preference, you raise your hand and say "Just Like Me.")	Recognize individual and group similarities and differences.
1 st grade/February	Read <i>The Way I Feel</i> (Interactive feelings book)	Identify and manage one's emotions and behavior.
1 st grade/March	Read <i>The Brand New Kid</i> Discuss feeling included and not leaving anyone out	Recognize the feelings and perspectives of others.
1 st grade/April	Giving compliments: sit in a circle and give a compliment to the person next to you.	Identify peer strengths



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Dear Second Grade Parents,

During school year 2007-2008 District 96 introduced a social-emotional curriculum that supports the Illinois Social Emotional Learning (SEL) Standards. As we continue the program this fall, thirty-minute lessons will be administered by the school social worker within the classroom setting. These lessons will occur once a month for seven months of the school year and will be integrated into the regular classroom curriculum.

Second grade topics include recognition of individual and group similarities and differences, anger management, social skills, and bullying prevention.

Below please find the three social emotional learning goals as presented by the Illinois State Board of Education. For more detailed information, you may visit the website at http://www.isbe.net/ils/social_emotional/standards.htm

- **SEL Goal 1** - Develop self-awareness and self-management skills to achieve school and life success.
- **SEL Goal 2** - Use social-awareness and interpersonal skills to establish and maintain positive relationships.
- **SEL Goal 3** - Demonstrate decision-making skills and responsible behaviors in personal, school, and community contexts.

Attached is a copy of the second grade curriculum schedule that will begin in October. If you have any questions or if you would like supplemental activities, please feel free to contact me at any time.

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GRADE LEVEL/SESSION	ACTIVITY	SEL STANDARD
2 nd grade/October	Buddy Interviews	Recognize individual and group similarities and differences
2 nd grade/November	Read "Moe the Mad Moose" short story with discussion questions	Identify and manage one's emotions and behavior.
2 nd grade/December	Read <i>Simon's Hook</i> Discuss strategies in response to teasing and conflict resolution	Demonstrate an ability to prevent, manage, and resolve interpersonal conflicts in constructive ways.
2 nd grade/January	Read <i>Just Kidding</i> Discuss making good decisions in social situations	Apply decision-making skills to deal responsibly with daily social situations. Identifying bullying behavior and how it affects people.
2 nd grade/February	Read <i>Berenstain Bears and Too Much Teasing</i>	Use communication and social skills to interact effectively with others
2 nd grade/March	Role play teasing situations	Recognize personal qualities and external supports.
2 nd grade/April	Make wishes/predictions for third grade	Identify personal goals



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Dear Third Grade Parents,

During school year 2007-2008 District 96 introduced a social-emotional curriculum that supports the Illinois Social Emotional Learning (SEL) Standards. As we continue the program this fall, thirty-minute lessons will be administered by the school social worker within the classroom setting. These lessons will occur once a month for seven months of the school year and will be integrated into the regular classroom curriculum.

Third grade topics include recognition of individual and group similarities and differences, effective communication skills, and bullying prevention.

Below please find the three social emotional learning goals as presented by the Illinois State Board of Education. For more detailed information, you may visit the website at http://www.isbe.net/ils/social_emotional/standards.htm

- **SEL Goal 1** - Develop self-awareness and self-management skills to achieve school and life success.
- **SEL Goal 2** - Use social-awareness and interpersonal skills to establish and maintain positive relationships.
- **SEL Goal 3** - Demonstrate decision-making skills and responsible behaviors in personal, school, and community contexts.

Attached is a copy of the third grade curriculum schedule that will begin in October. If you have any questions or if you would like supplemental activities, please feel free to contact me at any time.

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GRADE LEVEL/SESSION	ACTIVITY	SEL STANDARD
3 rd grade/October	Buddy Interviews	Recognize individual and group similarities and differences.
3 rd grade/November	Read <i>Mr. Peabody's Apples</i> Discuss the impact of spreading rumors and gossiping	Generate alternative solutions and evaluate their consequences for social situations.
3 rd grade/December	Watch "Stop Bullying Now" DVD	Demonstrate the ability to prevent, manage, and resolve interpersonal conflicts Demonstrate the ability to respect the rights of self and others.
3 rd grade/January	Ease the Tease (go over the 10 strategies)	See above
3 rd grade/February	Review the 10 strategies Make anti-teasing/bullying posters to hang around school	See above.
3 rd grade/March	Bully Buster Bingo	See above
3 rd grade/April	Make wishes/predictions for fourth grade	Identify personal goals



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Dear Fourth Grade Parents,

During school year 2007-2008 District 96 introduced a social-emotional curriculum that supports the Illinois Social Emotional Learning (SEL) Standards. As we continue the program this fall, thirty-minute lessons will be administered by the school social worker within the classroom setting. These lessons will occur once a month for seven months of the school year and will be integrated into the regular classroom curriculum.

Fourth grade topics include bullying prevention and stress management.

Below please find the three social emotional learning goals as presented by the Illinois State Board of Education. For more detailed information, you may visit the website at http://www.isbe.net/ils/social_emotional/standards.htm

- **SEL Goal 1** - Develop self-awareness and self-management skills to achieve school and life success.
- **SEL Goal 2** - Use social-awareness and interpersonal skills to establish and maintain positive relationships.
- **SEL Goal 3** - Demonstrate decision-making skills and responsible behaviors in personal, school, and community contexts.

Attached is a copy of the fourth grade curriculum schedule that will begin in October. If you have any questions or if you would like supplemental activities, please feel free to contact me at any time.

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GRADE LEVEL/SESSION	ACTIVITY	SEL STANDARD
4 th grade/October	2 Truths and a Lie game	Ice breaker
4 th grade/November	Read <i>My Secret Bully</i> Discuss relational bullying	Demonstrate the ability to respect the rights of self and others
4 th grade/December	Stress Management What is stress? Discuss physical reactions to stress	Identify and manage one's emotions and behavior. Demonstrate how to work effectively with those who are different from one self.
4 th grade/January	Play Emotions Bingo	Identify and manage one's emotions and behavior
4 th grade/February	Make stress buster class list. In groups, record ways to alleviate stress	See above for December
4 th grade/March	Read <i>Unstoppable Me</i>	Identify and manage one's emotions and behavior
4 th grade/April	Self-Esteem activity.	Identify peer strengths



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Dear Fifth Grade Parents,

During school year 2007-2008 District 96 introduced a social-emotional curriculum that supports the Illinois Social Emotional Learning (SEL) Standards. As we continue the program this fall, thirty-minute lessons will be administered by the school social worker within the classroom setting. These lessons will occur once a month for seven months of the school year and will be integrated into the regular classroom curriculum.

Fifth grade topics include conflict resolution, recognition of personal qualities and external supports, peer pressure, and transition to middle school.

Below please find the three social emotional learning goals as presented by the Illinois State Board of Education. For more detailed information, you may visit the website at http://www.isbe.net/ils/social_emotional/standards.htm

- **SEL Goal 1** - Develop self-awareness and self-management skills to achieve school and life success.
- **SEL Goal 2** - Use social-awareness and interpersonal skills to establish and maintain positive relationships.
- **SEL Goal 3** - Demonstrate decision-making skills and responsible behaviors in personal, school, and community contexts.

Attached is a copy of the fifth grade curriculum schedule that will begin in October. If you have any questions or if you would like supplemental activities, please feel free to contact me at any time.

Sincerely,

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GRADE LEVEL/SESSION	ACTIVITY	SEL STANDARD
5 th grade/October	2 Truths and a Lie game	Ice breaker activity
5 th grade/November	Read <i>Sorry</i> Discuss regret, remorse, and making amends.	Demonstrate an ability to prevent, manage, and resolve interpersonal conflict in a constructive way. Describe approaches for making and keeping friends.
5 th grade/December	“Building My House” activity	Recognize personal qualities and external supports.
5 th grade/January	Class discussion about rules/laws and why we have them	Demonstrate knowledge of how social norms affect decision-making and behavior.
5 th grade/February	Read <i>The Giving Book</i> Discuss giving back to your community	Consider ethical, safety, and societal factors in making decisions
5 th grade/March	Create timelines summing up elementary school	Transition to middle school
5 th grade/April	Making predictions for the future	Identify personal goals