

Bulldog Wrestling Club

(BWC)

For Immediate Release

Join the Bulldog program in a **dedicated wrestling facility** with a great coaching staff.

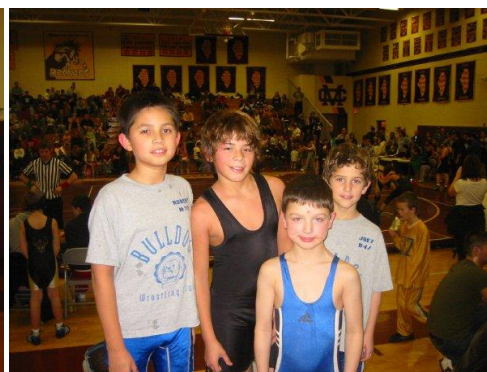
The Bulldog Wrestling Club has announced October 10th from 10 AM to 2 PM and October 14th from 6 PM to 8 PM as the sign up dates for the season (practice starts November 9th). The Bulldogs welcome any 2nd through 8th graders (age 7-14) residing in the Riverside/Brookfield school area to join. Visit the wrestling room to sign up. Go here to get forms in advance- <http://bulldogwrestlingclub.org/RegistrationInformation.aspx>

Participants learn skills and participate in joint practices with other area clubs. Dual meets and tournaments are also available to the club members. See our web site at <http://www.flowrestling.org/teams/2414-bwc> and click here for a highlight video <http://www.flowrestling.org/videos/play/64117-2007-summary-bwc-5-18-8>

The season runs from November through February with practices held on Tuesday and Thursday evenings. The club charges a fee of \$200 per wrestler for the season. Contact Jerry Buttmer at 708-447-1589 for additional information or to pre-register via email (jrrybtmr@aol.com) or Coach Carlo Giurini at 708-426-4113(carlog25@comcast.net).



Coach Giurini



2008 IKWF State Qualifier



2007 IKWF Sectional Qualifier
IHS Regional Champ 2009
RBHS Co-Captain 2010



2005 IKWF Sectional Qualifier
RBHS Team Co-Captain
IHS State Qualifier 2009



Directions to the Wrestling Room

Riverside Brookfield High School is located at 160 Ridgewood Road, Riverside, Illinois 60546-2408 (on the Northwest corner of First Avenue and Ridgewood/Forest immediately south of the Brookfield Zoo).

The wrestling room is in the basement on the north side of the school. **Parking is available** in the faculty parking lot north of the new main entrance off of Golf Rd. To the east (left) of the main entrance is Door Q. Enter through Door Q and proceed down the stairs to the wrestling room.

Parent Volunteers Welcome

All of the Bulldog Wrestling Club coaches and administrators serve without compensation as many of you do with your favorite clubs. Like you, we do it because we love the kids and want to share the life lessons learned from a favorite sport. The **hard work, dedication and character** needed to be successful in life are also needed to sustain our club.

Consider volunteering. You don't need to be a highly skilled wrestler to help. Folks who understand conditioning are a great fit. Those who have backgrounds or hobbies associated with technology, photography, communications and more can add to the success and fun.

We maintain a web site with data, photos and importantly, videos for training. **Ask how you might become involved.**

Volunteer coaches are subject to a background check through USA Wrestling and we provide First Aid and CPR training through the Red Cross. Coaches training and certification is through the American Sports Education Program (ASEP).