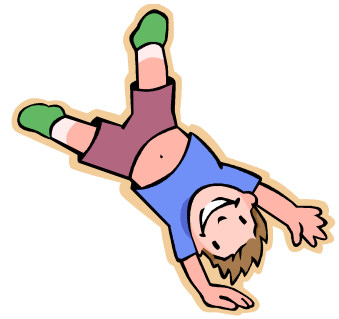


Sokol Spirit



GYMNASTIC CLASS DAYS AND TIMES FOR 2010 – 2011

1st Class Girls (Age 6-8):	Monday & Thursday	5:15 – 6:30 p.m.
2nd Class Girls (Age 9-12):	Monday & Thursday	6:30 – 7:45 p.m.
Junior Girls (Age 13 by 5/1-17):	Monday & Thursday*	7:45 – 9:00 p.m.
Women (Age 18+):	Monday & Thursday	9:00 – 10:15 p.m.
Adult Co-Ed (Age 18+):	Tuesday	9:30 -11:30 a.m.
Tots Co-Ed Class (Age 3-5):	Tuesday & Friday	4:30 – 5:30 p.m.
1st Class Boys:	Tuesday & Friday	6:00 – 7:00 p.m.
2nd Class Boys:	Tuesday & Friday	7:00 – 8:00 p.m.
Junior Boys:	Tuesday & Friday*	8:00 – 9:00 p.m.
(*Combined class with the Junior Girls may occur throughout the year on Thursday.)		
Men:	Tuesday & Friday**	9:00 – 10:00 p.m.
(**Volleyball competition with other Sokols during the Fall.)		

Instructors are U.S.A.G. safety certified and are Red Cross CPR trained.

SOKOL SPIRIT

3909 PRAIRIE AVENUE BROOKFIELD, ILLINOIS 60513-2143

Re: 2010-11 Sokol Spirit School year registration, Friday, September 10th 7:00pm

Dear Parents:

The school has graciously allowed Sokol Spirit to send this letter home with your student. On the reverse side you will find information regarding the Sokol physical fitness program. The program is open to boys and girls at our Sokol Spirit gym which is located at 3909 Prairie Avenue in Brookfield. (Two blocks north of the intersection of Ogden Avenue and Prairie stoplight.)

Sokol Spirit is a not-for-profit organization with a 501C3 tax rating. We have been active in the community since 1929. The American Sokol Organization, Brookfield, Illinois has been active nationally since 1865. The Sokol program stresses strong character, positive self-image, respect for others, teamwork, and sound physical development.

The Sokol program is more than progressive artistic/rhythmic gymnastics and calisthenics. We also have competition in volleyball, track and field, and three on three basketball. When there is organized competition, your youngster competes only against others of like ability. Each student has an equal opportunity at being successful.

There are also social activities like Halloween parties. We also have a party at the Brookfield Zoo where we decorate a Christmas tree and work with the local LaGrange Nurses Association' Secret Santa program. There is plenty of activity for children from the age of three on up.

REGISTRATION IS FRIDAY, SEPTEMBER 10th, 7:00 PM at the Sokol Gym. If you wish more information please contact John & Meribeth Tooke at 708/354-9126, or info@sokolspirit.org. If you have received this flyer after September 10th, please call or e-mail to see if there is still room to register for the coming 2010-2011 season. More info at sokolspirit.org.

Sokol Spirit wishes you and your student a great year.

Respectfully,

Adam Wilt

Carol Rocush

Dorothy Becker

President

1st Vice-President

2nd Vice-President

Physical Education Directors: Kathy Barcal and Howie Maskill

“This school neither endorses nor sponsors the organization or activity represented in this material. The distribution or display of this material is provided as a community service.”