



Rainbows for Middle School Students!

At this time of year, students who have suffered a loss can feel sad and lonely. There is a place for you! The place is called *Rainbows*; it is a safe and CONFIDENTIAL place to share your feelings with other students who have suffered a similar experience.

Rainbows is open to any student who has lost a parent, friend, or family member through death or divorce. *Rainbows* also brings together students who will face this type of separation in the near future along with students who know the pain of such a loss right now. Students will find that they are not alone in their sadness and will learn some coping skills from a trained facilitator as well as from other students in the same situation. If you feel that you need a place to share your feelings with other students, we will meet during your advisory period once a week on Fridays. Please complete the form below and return it to school by October 1, 2010. I would like to start club on Friday, October 15, 2010. I will contact you through your advisory regarding the place where we will meet. Please consider this way to learn that you are not alone with your feelings!

Sincerely,

Mrs. Beverly Cooper

Rainbows Facilitator

Questions? Call Hauser at 447-3896 or see Mrs. Cooper in room 210 before or after school.

Name: _____

Advisory teacher and room number: _____

Phone Number: _____

Parent signature: _____